

# Easy Pasta Dinner

*Serves 8*

*Size per serving: 7oz*

## **Ingredients:**

1 lb 5 Cheese Rigatoni



1 jar of spaghetti sauce

1 ½ cups leaf spinach, de-frosted



1 cup chopped onion

1 tablespoon of cooking oil

2 beef patties



## **Directions:**

Cook the Rigatoni according to packet directions. Chop the patties into bite size chunks and brown in a pan on a medium heat. Drain the fat and set aside. Cook the chopped onion in the oil for 5 minutes, or until soft. Add browned hamburger meat. Add the jar of spaghetti sauce and de-frosted leaf spinach, mix and heat through. Drain the Rigatoni and rinse with cold water. Serve the sauce over the Rigatoni.

**Per Serving 320 calories, 12g fat, 0g trans fat, 510mg sodium, 4g fiber, 15g protein, 90% DV (daily value) for vitamin A, 6% DV for vitamin C, 15% DV for calcium and 15% DV for iron.**

**TREASURE BOX ITEMS=**

