

Beefy Pasta Skillet

4 Servings

Ingredients:

1 lb. ground beef



1 medium onion, chopped

1 (10.75 oz) can of condensed tomatoe soup

¼ cup water

1 tablespoon Worcestershire or Tabasco sauce

½ cup shredded Cheddar cheese

2 cups cooked elbow pasta



Directions:

1. Cook beef and onion in skillet until browned. Pour off fat.
2. Add soup, water, Worcestershire, cheese and pasta and heat through.
3. Get creative! Add more pasta, cheese, or even your own seasonings.

Per Serving 480 calories, 19.1g fat, 634mg sodium, 45.6g carbs, 2.4g fiber, 29.2g protein, 4% DV (daily value) for vitamin A, 3% DV for vitamin C, 16% DV for calcium and 38% DV for iron.

TREASURE BOX ITEMS=



Recipe from: allrecipes.com